



# December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	2 <u>Deer Park Invite (V/JV)</u>
3	4 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	5 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	6 <u>North Central Dual (V/JV)</u> <u>(HOME) 5:30 JV 7:00 V</u>	7 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	8 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	9 V/JV East Valley Tourn. Frosh Mt. Spokane
10	11 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	12 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	13 <u>Gonzaga Prep Dual AWAY</u> <u>(7:00/JV 530)</u>	14 <u>Ridgeline HS (AWAY) (V</u> <u>7:00/JV 5:30)</u>	15 <u>TRI-State CDA NIC</u> Weight Room 2:40-3:15 PRACTICE 3:15-5:30	16 <u>TRI-STATE CDA NIC</u> PRACTICE 9-11 Weight Room 1100-1145
17	18 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	19 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	20 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	21 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	22 Weight Room 2:40-3:15 PRACTICE 3:15-5:30	23 <u>M2 Mallet V/JV 9:00</u>
24	25 WINTER BREAK PRACTICE 9-11 Weight Room 1100-1145	26 WINTER BREAK PRACTICE 9-11 Weight Room 1100-1145	27 WINTER BREAK PRACTICE 9-11 Weight Room 1100-1145	28 WINTER BREAK <u>Girls Hanford Tourn. 9:30</u>	29 WINTER BREAK <u>Boys V/JV Hanford Tourn.</u> <u>9:30</u>	30 WINTER BREAK PRACTICE 9-11 NEW YEARS EVE REMEMBER ATHLETIC CODE
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